

LINKS & RESOURCES

Mental Health Links

The following links are listed to provide you with additional online mental health care information and counseling resources.

Addiction and Recovery

[Alcoholics Anonymous](#)
[Center for On-Line Addiction](#)
[SAMHSA's Substance Abuse/Addiction](#)
[SAMHSA's Treatment and Recovery](#)
[Web of Addictions](#)

Anxiety Disorders

[Answers to Your Questions About Panic Disorder](#)
[National Center for PTSD](#)
[Obsessive-compulsive disorder \(OCD\), Mayo Clinic](#)
[Calm Clinic](#)

Associations & Institutes

[American Academy of Child & Adolescent Psychiatry](#)
[American Association for Marriage and Family Therapy](#)
[American Counseling Association](#)
[American Psychological Association](#)
[Association for Psychological Science](#)
[Center for Mental Health Services](#)
[National Institute of Mental Health](#)
[Mental Health America](#)
[Substance Abuse and Mental Health Services Administration](#)

Attention-Deficit Hyperactivity Disorder

[ADDA - Attention Deficit Disorder Association](#)
[Attention-Deficit Hyperactivity Disorder, NIMH](#)
[Born to Explore: The Other Side of ADD/ADHD](#)

Child Abuse and Domestic Violence

[Childhelp USA®](#)
[SAMHSA's Children and Families](#)
[SAMHSA's Protection and Advocacy](#)
[Questions and Answers about Memories of Childhood Abuse](#)
[The National Domestic Violence Hotline Website](#)

Chronic Fatigue

[Chronic Fatigue Syndrome](#)

Depression

[Bipolar Disorder News - Pendulum.org](#)
[Depression and How Therapy Can Help](#)
[Depression Screening](#)
[Depression Test, Symptoms of Depression, Signs of Depression](#)

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LINKS & RESOURCES (Continued)

Diagnosis

[DSM-IV-TR: Diagnoses and Criteria](#)

Dissociation and Traumatic Stress

[Sidran Traumatic Stress Institute](#)

Journals & Magazines

[ADHD Report](#)

[Anxiety, Stress and Coping](#)

[Childhood](#)

[Dementia](#)

[Drug and Alcohol Review](#)

[Dyslexia](#)

[Early Child Development and Care](#)

[Educational Assessment](#)

[Journal of Gambling Studies](#)

[Journal of Happiness Studies](#)

[Journal of Mental Health and Aging](#)

[Journal of Sex & Marital Therapy](#)

[Journal of Substance Abuse Treatment](#)

[Language and Cognitive Processes](#)

[Loss, Grief & Care](#)

[Metaphor and Symbol](#)

[Parenting](#)

[Personal Relationships](#)

[Personality and Individual Differences](#)

[Psychology of Men & Masculinity](#)

[Psychology Today](#)

[Stress and Health](#)

[Studies in Gender and Sexuality](#)

[Substance Abuse](#)

[Trauma, Violence & Abuse](#)

Mental Health Care General Links

[CounsellingResource.com](#)

[Internet Mental Health](#)

[Let's Talk Facts, APA](#)

[Mental Health Counselor Resources, About.com](#)

[Mental Help Net](#)

[PsychCentral.com](#)

[Web Sites You Can Trust, Medical Library Association](#)

Personality Disorders

[Mental Help Net - Personality Disorders](#)

[Personality Disorders - Focus Adolescent Counselor Services](#)

Suicide Awareness and Hotlines

[SAMHSA's Suicide Prevention](#)

[Suicide Awareness Voices of Education](#)

[Suicide: Read This First](#)

Additional Mental Health Care & Counseling Resources

[Disaster/Trauma](#)

[Interpretation of Dreams](#)

[Keirsey \(Myers-Briggs\) Temperament Sorter](#)

Note: Not responsible for the content, claims or representations of the listed sites.

